



HELP FILL YOUR NEIGHBOR'S PANTRY

Please donate shelf-stable foods:

- ✓ Canned Vegetables
- ✓ Canned Tuna + Chicken
- ✓ Canned or Dry Beans
- ✓ Canned Fruit
- ✓ Canned Soup
- ✓ Peanut Butter
- ✓ Rice + Pasta
- ✓ Cereal + Oatmeal
- ✓ Shelf-Stable Milk



NUTRITIOUS CHOICES ARE A PLUS!

If you have them on hand, **low-sodium, no-sugar-added and whole-grain options** are preferred.



FOR FOOD SAFETY:

All donations must be **unopened, unexpired and nonperishable.**



Your donations help provide **nutritious groceries** to Central Texans experiencing hunger.



NOTHING IN YOUR PANTRY TO DONATE?

Give funds instead of food. We buy food in bulk at lower prices, helping your dollars go further while allowing us to purchase the foods our neighbors need most.

